

Small Pox Symptoms

- fever
- malaise
- head and body aches
- vomiting
- high temperature of 101 to 104
- rash with red spots on tongue and in mouth (most contagious)
- rash on skin - start on face - spread to hands and body
- rash to bumps
- bumps fill with fluid (like small BB's)
- bump to scabs
- scabs are contagious until gone

incubations period - 7 to 17 days

early rash - about 4 days

pustular rash - about 5 days

pustules and scabs - about 5 days

resolving scabs - about 6 days -

scabs resolved - not contagious

Small Pox Recommendations

- isolation room for infected persons
- strict personal hygiene practices
- use N-95 (or better) mask and gloves for at a distance (casual) contact
- keep 20' distance even with mask and gloves
- full face gas mask with bio-filter, gown and gloves for personal contact
- dedicated discardable instruments for personal care
- vaccination