

IF I MAY INTRODUCE MYSELF:

OLD HICKORY ®

Rudy Bischof

MY SURVIVAL TRAINING STARTED EARLY. When I was five my Grandma gave me an old dull butcher knife and commissioned me to chop down sunflowers on the back forty. I spent every minute I could chopping my way through a sunflower jungle with that old knife making forts and hideouts

Family camping trips brought adventures of the woods and streams. The campfires at night, and the smell of wood smoke and bacon in the morning are some of my fondest memories. Survival is a lot like camping. We lived in an area surrounded by orange groves and hills. These became my "wilderness." I spent every minute I could roaming the groves and hills with a sheath knife and hatchet on my belt, a folding knife in my front pocket, and a slingshot in a back pocket. Those tools you see below are my original "Trio" (something you'll learn about a little later on)... I still have them today.

In US Army Infantry training, I became very much interested in survival and I have pursued that discipline ever since. I have been practicing and teaching wilderness (and urban) survival and emergency preparedness for over fifty years.

Possibly my best qualification as a survivalist is my almost twenty years as a BSA Scoutmaster.

Believe me, if you can survive that...you can survive anything!



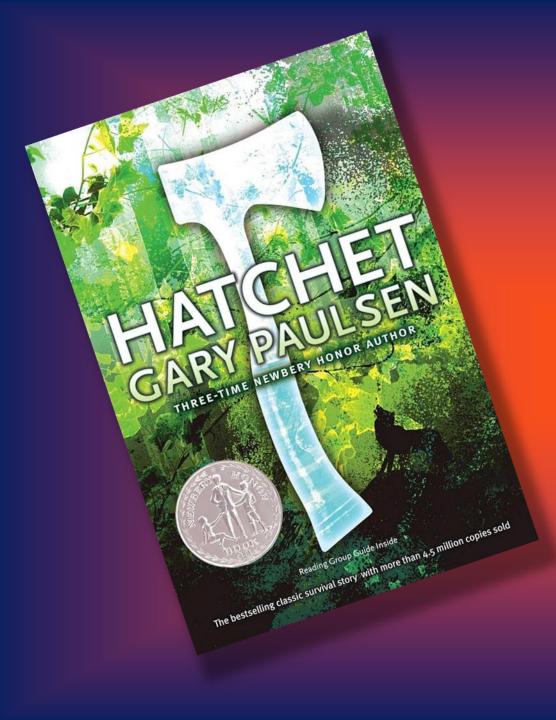
HATCHET is a young adult survival novel written by American author Gary Paulsen. It was first published in 1987 and the recipient of the Newbery Honor Award in 1988.

THE PLOT:

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Brian Robeson is a 13 year old son of divorced parents. As he travels on a Cessna 406 bush plane to the oil fields of northern Canada for the summer, the pilot suddenly suffers a massive heart attack and dies. Brian assumes control of the plane and makes an effort to land, but it runs out of fuel in the process, forcing him to attempt a ditching, and as a result, crash lands into an L- shaped lake in the middle of a vast forest. Brian survives the crash with only a few more than 4.5 million copies sold minor injuries. Throughout the summer, Brian learns how to survive on his own in the wilderness with nothing but his windbreaker and a hatchet...a gift his mother gave him shortly before his plane departed.



If you want to learn the skills of survival, skills that can be adapted and used to encompass any kind of survival, wilderness or urban...THEN READ THIS BOOKI!

It is the simplest and most enjoyable way to learn and understand the physical, mental and emotional needs of survival that I have ever encountered.

Having read this incredible story you will be armed with knowing what you need to do, and how to do it.

US ARMY SURVIVAL MANUAL FM 21-76

OUTDOOR SURVIVAL SKILLS By Larry Dean Olsen

SAS SURVIVAL GUIDE By John lofty Wiseman

GOING FURTHER...

If you want to continue in your survival education, these three books taught me virtually everything I know. There are many other good books on the subject as well.

In addition, youtube.com offers a whole world of survival channels with excellent videos of how to do every little aspect.

And then...GO OUT AND PRACTICE!

It is generally accepted by Survival Instructors, Survival Affionados, and whoever thinks they know about survival...that survival success depends on three things:

ATTITUDE 80% KNOWLEDGE 10% TOOLS 10% THIS I BELIEVE AS WELL.



LESSON ONE: BASIC SURVIVAL

SURVIVAL PRIORITIES

- YOU CAN LIVE ABOUT <u>3 MINUTES</u> WITHOUT AIR.
 YOU CAN LIVE ABOUT <u>3 HOURS</u> WITHOUT A 98.6[°] BODY TEMPERATURE.
- ✓ YOU CAN LIVE ABOUT <u>3 DAYS</u> WITHOUT WATER.
- ✓ YOU CAN LIVE ABOUT <u>3 WEEKS</u> WITHOUT FOOD.
- ✓ YOU CAN LIVE ABOUT <u>3 SECONDS TO ₽₽₽</u> WITHOUT PROTECTION FROM HARM.
- \checkmark A HUMAN ALSO NEEDS LOVE, BUT WHO KNOWS ABOUT THAT?

SURVIVAL PRIORITIES

✓ YOU CAN LIVE ABOUT 3 MINUTES WITHOUT AIR. ✓ YOU CAN LIVE ABOUT <u>3 HOURS WITHOUT A 98.6</u>⁰ **BODY TEMPERATURE.** \checkmark YOU CAN LIVE ABO IUT WATER. \checkmark YOU CAN LIVE AB(HOUT FOOD. \checkmark YOU CAN LIVE ABO D 555 MITHOUT **PROTECTION FRO** \checkmark A HUMAN ALSO NEEDS LOVE, BUT WHO KNOWS ABOUT THAT?

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Well, actually I do know about that.

The First Book of Nephi HIS REIGN AND MINISTRY

Nephi Summarizes His Record

An account of Lebi and his wife Sariah, and his four sons, being called (beginning a the eldest): Laman, Lemuel, Sam, and Nephi. The Lord warns Leht to depart out of the land of Jerusaliem, because he prophesistin unto the people concerning their iniquity and they seek to destroy his life. He taketh three dopi fourney into the wilderness with his family. Nepht taketh his brethren and returneth to the tand of Jerusalem after the record of the Jean

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All of your preparations for survival should be based on these survival priorities. I have factored them down into the following categories that can provide for them all:



MATER PROTECTION But, there is one more category that I would like to add as a priority even though it is not a biological priority like the others:



In order to provide for the biological needs of the human body you obviously may have to; make things, build things, find and procure things, and possibly kill things. Tools are what will allow you to achieve these survival tasks. Having those tools at your disposal when the need arises is the key to making survival much easier. Oh sure, you can go caveman and chip rocks and rub sticks together but, in this modern age (even though it's good to know how to do that) isn't that kind of dumb?

I BASE MY SURVIVAL INSTRUCTION ON THESE BASIC CONCEPTS...



ATTITUDE APTITUDE APARATUS



THIS MAN WAS RIGHT.

Flato

Plato, 423 BC – 347 BC, one of the world's greatest acknowledged philosophers, is attributed with this profound phrase...

"NECESSITY IS THE MOTHER OF INVENTION"

TO ME that statement means: if there is something that needs doing you will find a way to do it... if you want to do it badly enough.

WHEN LIFE GIVES YOU LEMONS...

Grab the salt shaker!

I love to eat lemons with salt on them.





There are enemies that can destroy a Survivor's attitude.

FEAR...BOREDOM...HUNGER and THIRST...LONELINESS...HEAT and COLD...INJURY and PAIN.

.

AND PERHAPS THE MOST DANGEROUS OF ALL : FEAR LEADING TO PANIC.

IN A SURVIVAL SITUATION, with mass chaos all around, it is hard to control our fears. It is natural to be scared, in fact, it can be very healthy. Our natural fears can keep us safe by making us cautious. Some of the scariest people I have been around are those who seem to have no fear. They take risks that could lead to bad consequences. But it's not good to be timid and afraid of your own shadow either... that can have bad consequences too.

A too common story is about a man lost in the woods who panics and begins to run in a wrong direction only to find himself deeper in the woods and in much greater perils.

BOREDOM: Do music! If you play the harmonica, great! If you don't, learn! They are easy to pack and easy to learn to play.

STUDY YOUR survival manual. Become expert in wild edibles, traps and snares and such, and practice building them. Read and study scriptures or inspirational materials. Play scenarios in your head. Play small puzzles or games. Whittle useful implements. Keep working every day to improve your shelter, survival area and your gear. Just keep active!

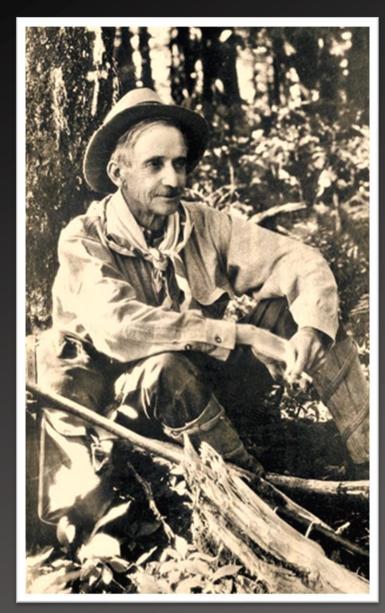


These will keep you busy!







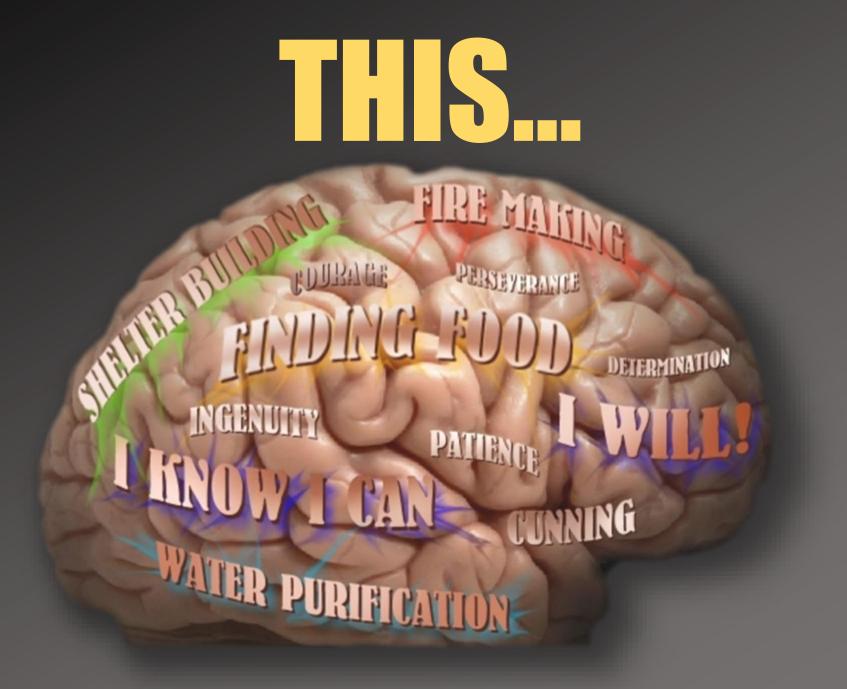


THIS MAN WAS RIGHT.

Horace Kephart, 1862-1931, gave us this phrase...

"THE MORE YOU CARRY IN YOUR HEAD, THE LESS YOU CARRY ON YOUR BACK."

TO ME, relating to survival, that means if you know how to "find" food then you don't have to carry twenty pounds of canned beans in your survival pack. That applies, as well, to all the other survival priorities. Having a good understanding and knowledge of survival skills stored in your head will greatly enhance your chances of survival...as well as lightening your load.





LESSON TWO: SHELTER

SHELTER IN A NUTSHELL...

HYPOTHERMIA can kill within three hours. You can become hypothermic by being cold and wet. The body quickly loses heat, and the body temperature lowers. A ten degree drop from 98.6 can cause death within three hours. Being in the wind makes it even worse. **So, in light of that...**

YOU GOTTA STAY WARM YOU GOTTA STAY DRY YOU GOTTA STAY OUT OF THE WIND

Note: Hyperthermia (heatstroke) is the opposite, but you get just as dead.

WHICH MEANS...YOU GOTTA FIND, WEAR, BUILD, OR MAKE SOMETHING TO KEEP YOU THAT WAY!

THAT'S SHELTER. It protects you from the elements.

This is the ticket the

HEAT REFLECTIVE RÉFLÉCHIT DE LA CHALEUR

THE UNEXPECTED



I HOPE THAT YOU are learning that you don't have to reinvent the wheel. It is good to have the knowledge of how to build different shelters, but if you have this bivvy in your survival pack you won't need to. You'll be carrying your shelter right there with you. I fact that's the idea of having a survival pack in the first place. Let me tell you, it will save you a lot of hassle if you are prepared before a major disaster visits your life.

That bivvy sack is a complete shelter all in itself. Crawl inside with warm clothes on and let it pour. The bivvy would keep you warm and dry. Modern inventions have made it much less necessary to <u>have</u> to know all the skills of survival. Take advantage of the modern innovations when you can, it will save time and energy.

This particular bivvy is...

WINDPROOF, WATERPROOF and best of all BREATHABLE!

This is called a "Sportsman's Blanket" or an "All Weather Blanket" The silver lining that you see is metallic and reflects back up to 90% of your body heat.

A useful piece of kit.

THREE VALUABLE PIECES OF KIT

GEF

THE BIVVY

THE BLANKET

THE PARACORD

THE SURVIVAL HOOCH

Sportsmans blanket

Found Mop handle

Bivvy sack

paracord

Found cardboard for insulation

LESSON THREE: FIRE

BUT BEING ABLE TO MAKE A FIRE IS THE MOST VITAL SKILL YOU CAN LEARN



What other survival asset does more?



TO START AND MAINTAIN A FIRE YOU NEED SUPPLIES OF:

<u>TINDER</u>: small, light, dry, combustible materials. These are usually shredded or broken down to easily accept a spark or flame.
<u>KINDLING</u>: thin splints of wood or twigs that will quickly catch fire from the ignited tinder. Most often wood but cardboard is a substitute.
<u>FUEL</u>: successively larger pieces of burnable materials that will sustain a fire for as long as necessary.

A "fire lay" is a configuration of the 3 layers of fuel. This is a "teepee" configuration:



The kindling layer which will catch the flame and start the fire.

The fuel layer which will sustain the fire.

The tinder layer where you will introduce the spark, or coal, and the flame begins.

THE BEST NATURAL TINDER IS A

BRDNEST

Well, not actually a bird's nest (unless you can find one) but a thing that looks just like it. It's called a "tinder bundle." You can make one from dried grasses. This nest will accept a coal, spark or flame readily. Gently blow on the coal or spark in the nest to assist the flame to grow. Quickly put the burning nest under the kindling in your fire lay. 44

But hey, it's the twenty-first century!

BUT, BETT

Vaseline impregnated cotton balls will catch a spark and hold a flame for almost 5 minutes.



LESSON FOUR: WATER



1. Where to find it if you don't have it...

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This is the ticket!

LifeStraw"##

Th

100

Water boils at 212 degrees, bacteria and micro-organisms die at 180 degrees. Just boil it.

LESSON FIVE: FOOD

AN EASY TO MAKE Survival food!



I HAVE DEVELOPED a substance that I call "survival gruel." It fulfills all my requirements for packing, nutrition, and cost; you make it yourself...and it doesn't taste half bad. A relatively small amount can provide sustenance for three days. Soup (gruel) is an excellent survival food as it is mostly water yet filling. It is also easy to make and modify for ingredients on hand. Get some water boiling, toss in some stuff and eat, doesn't get much easier than that.

THE INGREDIENTS for my gruel can be purchased at most grocery stores, but you will need a coffee/seed grinder, or a good blender to prepare it, and of course boiling water. But wait, if the power is out you could use a hand grinder, mortar and pestle, or a molcajete.

MAIN INGREDIENTS:

Instant rice white or brown Dehydrated refried beans Instant potatoes Bouillon cubes, chicken or beef Salt and pepper

OPTIONS:

Your favorite spices. Meat packets: tuna, chicken, salmon etc.

DIRECTIONS:

In the grinder (or blender) separately pulverize enough beans, rice and potatoes to make one cup each. You want to grind these foods into powder so they will easily and quickly dissolve and re-constitute in hot water.



These meat packets are lightweight and easy to pack. They can add a lot of protein and substance as well as flavor to the "gruel."



CHIA SEEDS?

Recently I have learned about a new (well new to me it's actually ancient) food stuff that really excites me. This super food was used by the Aztecs.

Their warriors carried it as a primary food source. I'm talking about Salvia Hispanica, or more commonly called Chia Seeds. These little seeds are rich in Omega 3's, and other nutrients. When moistened, either by adding to liquids, or swallowing with water, they will expand six times their normal size. So, swallow a teaspoonful of these with some water, it won't taste like you've eaten mashed potatoes and gravy, but you'll feel like it. Imagine that!

I will be mixing Chia seeds in my survival gruel from now on. They have very little flavor, not unpleasant at all, but lots of possibilities. Remember Chia Pets? You can eat the greens that come from the sprouted seeds. WOW, a real use for a Chia Pet! Who knew?



SO, HOW DO YOU COOK SURVIVAL GRUEL?



Boil one cup of water, add one bouillon cube (let dissolve), and stir in one teaspoon of each food powder and a pinch of the spice mix. Let this sit for a bit and enjoy. It should be the consistency of a thick soup or porridge, but you can make it as thick or thin as you want. Adding a little meat or foraged veggies will make it heartier. Add some chia seeds!

LESSON SIX: PROTECTION

"Behold, I send you forth as sheep in the midst of wolves: be ye therefore wise as serpents, and harmless as doves." Matt 10:16

RITO:

It is the peaceful dove, <u>and</u> the armed serpent, it is not one or the other. It is to be both at the same time. There's a time for peace and a time for war. It is time to become prepared for the possible calamities that have been foretold for our time.





I referenced a scripture from the book of Matthew in which the Lord counsels His apostles to be wise like a serpent and harmless like a dove. I have lived in the New Mexico desert and in Texas, both of which could be rightly considered as snake country. I have hiked the arroyos, the hills and the wetlands, I have seen many snakes. In Texas I had a special 10,000 acre "roaming place" where there was a river and a lake. But, I roamed all over that place and never saw one snake (even though Texas was a moccasin haven.) I mentioned this to my brother and he responded..."yeah, but they saw you." I believe he was right.

I have killed, and eaten, a good number of rattlesnakes but I have never been struck at or molested by any snake. I have found that,

given the chance, a snake will slither off and you'll never see it. He doesn't want to fight or bite, he just wants to be left alone. In this sense he is harmless as a dove, yet he is armed and if you endanger him he will defend himself with deadly means.

WHATEVER IT TAKES...

(Q)

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Automi, FL-USA

856

MAKE SURE YOU HAVE IT! AND KNOW HOW TO USE IT!

50G

MAGNUM WARNING IRRITANT CONTENTS UNDER PRESSURE READ CAREFULLY ADDITIONAL CAUTIONS ON BACK PANEL

DEFENSE TECHNOLOG

MK-9 🐽 🖽

ENUME MAJOR LEAGUE BABEBALL

LOUISVILL

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LB PRIME

EDW TESTED AND SAFE

NET WEIGHT 12.0 02

PROTECTION:

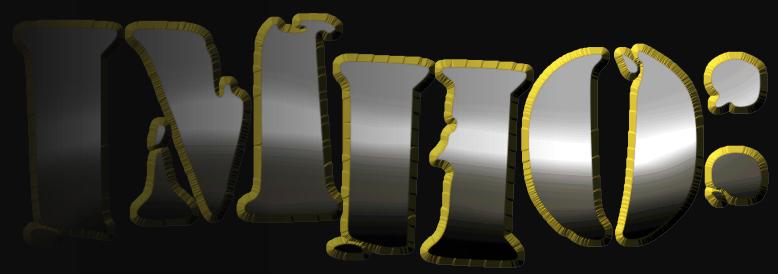
REHO:

Firearms are the most effective tools for protecting yourself, your loved ones, your friends, your personal property, and putting food in the pot. Therefore, I will show you how I handle this priority, you handle it anyway you want to.



.22 Caliber

Is my survival caliber



WHYP IMICS

Because it's the cheapest, smallest, lightest ammo available. I can store 500 rounds of .22LR in a space about 4"x 4" x 4", and I can carry 1000 rounds in my bug out pack. Try that with 7.62!

In spite of what all the "big gunners" say, and argue, the venerable twenty-two has sufficient power to inflict fatal damages to four footers and two footers alike. The fact is that a .22 caliber firearm has killed every mammal that walks on the Continental USA. In 1953 a Cree grandma, Bella Twin, shot and killed a world record grizzly bear with her .22 caliber single shot rifle.

> ARGUE WITH THAT!



AND YET ONE MORE WHO WOODCRAFT AND CAMPING WAS RIGHT...

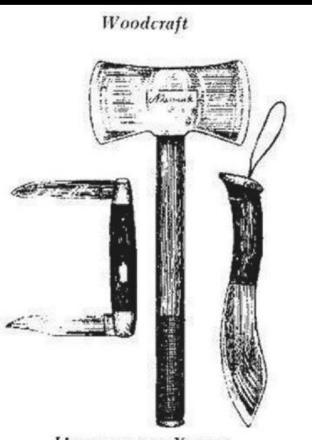
» Nessmuk"

Messmuk.

A NOTABLE FIGURE from the late 1800's George Washington Sears, a.k.a Nessmuk, was a writer for *Forest and Stream* magazine and the author of Woodcraft and Camping (1884). Nessmuk spent a lot of time in the wild canoeing and camping in the Adirondacks where he developed a system of tools that came to be called the "trilogy" or "trinity," I'll call it the "Trio." The Trio consisted of; a small short handled double bit axe, a fixed blade sheath knife, and a multi bladed folding pocketknife. His philosophy was that we should not "rough it in the wilderness, we should smooth it." With these three tools he did that.

SURVIVAL

IT'S A PERFECT COMBINATION OF TOOLS FOR THE TASK



HATCHET AND KNIVES

Nessmuk's Trinity

THOUGH OL' NESSMUK "smoothed" the wilderness with his Trio by making shelters, camp chairs, tables and other useful devices from tree branches and trunks or preparing game for the pot; his trio of tools would be no less useful in a disaster caused urban jungle today. They might have a few different uses such as; hacking your way out of a collapsed room, hot wiring an abandoned car with a multi-tool, punching holes in tin cans, or defending your life. I can think of many other survival uses for a set of tools like this, **but I don't want to imagine how hard things could get if you didn't have them.**

Exeryone Should have a Trio In their life.

Remember this name and what it means.



This is my example of a modern Trio. The multi-tool replaces the pocketknife as it is far more useful, especially in an urban survival scenario.

Let me add one more vital tool



The ferrocerium rod fire starting tool. This tool, which creates very hot sparks, will strike a flame in virtually any fine dry tinder from dryer lint and cotton balls, to shredded cedar bark and fatwood shavings. It is indispensable!

This is how it works...

Now for what I really came here to talk to you about tonight.

I hope to convince you to take action in preparing for a problem that is unique to us Sanpete County folks. A problem that I believe constitutes an imminent danger.



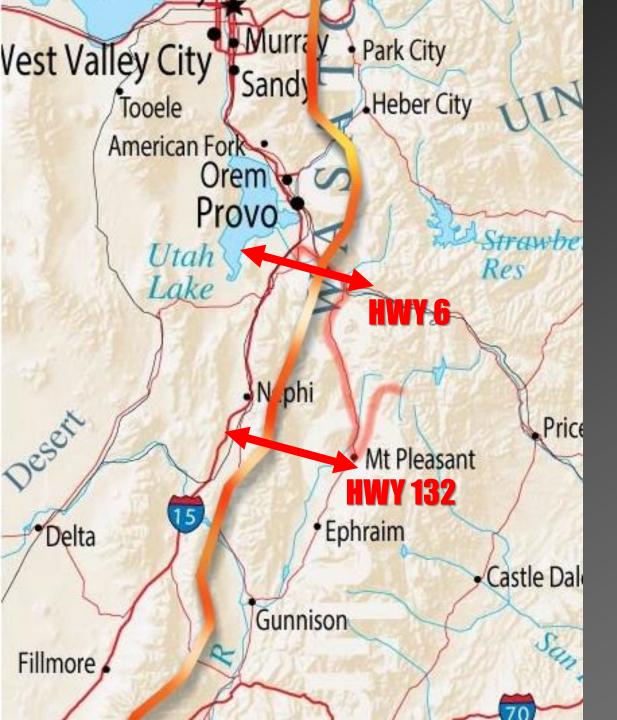
The **Wasatch Fault** is an <u>active fault</u> located primarily on the western edge of the <u>Wasatch Mountains</u> in the U.S. states of <u>Utah</u> and <u>Idaho</u>. The fault is about 240 miles long, stretching from southern Idaho, through northern Utah, before terminating in central Utah near the town of <u>Fayette</u>. The fault is made up of ten segments, five of which are considered active. On average the segments are approximately 25 miles long, each of which can independently produce earthquakes as powerful as local magnitude **7.5**. The five active segments from north to south are called the <u>BRIGHAM CITY</u> Fault Segment, the <u>WEBER</u> Fault Segment, the <u>SALT LAKE CITY</u> Fault Segment, the <u>NEPHI</u> FAULT Segment.

THE WASATCH FAULT IS OVERDUE FOR A MAJOR EARTHQUAKE!

Ths shields to be the set of

And do you see those mountains in the background? That is the Wasatch Range. Do you also see that orange line? Well, that's the Wasatch Fault that runs along the Wasatch front. It's overdue for a major earthquake.

HERE'S WHERE WE LIVE! LUCKY US.



Here's the problem, your access to the cities over the mountain depends on two highways; Highway 6 to Spanish Fork and highway 132 to Nephi. Both of which cross the Faultline. If you travel up to Costco, like I'm sure you do often, and the Wasatch Fault goes boom...you may not be able to get home with your car! In a major quake it is most likely that both highways will be damaged, and probably impassable.



HERE'S SOMETHING TO SERIOUSLY CONSIDER:

While you're on a shopping trip in the big city forty-five miles from home with your besties (maybe having someone with you will make this a little less scary). Your kids are at home, or at school. Think about this! Look down at your feet, are you even

wearing shoes that will allow you to walk 45 miles to get home?

And, what will you have to walk through, over, or around to get home? And, who, and what, might you have to deal with?

Imagine what things would be like in a 7.5 EARTHQUAKE scenario; darkness, panic, chaos...that's bad juju Mama.



AND YOU'VE GOT TO GET HOME TO HER?

It's time to learn to survive anytime, any place, against all odds...and thrive! Before we begin, here are two concepts that I want you to consider in regard to the things I'm going to teach you:

1. Rememberl.

There's more than one way to skin a cat. If you find a different way to do something... and you can make it work... it's all good!

2. IT'S ALWAYS GOOD TO THINK "OUT OF THE BOX!"



In a survival scenario there are certain pieces of gear that are vital. These pieces are usually very difficult to make from natural materials (it can be done, but it's hard). Survival afficionados have factored them down to "THE FIVE C'S OF SURVIVAL SUSTAINABILITY" and they are:

CUTTING TOOLS Primarily knives and axes. **COVER** Weatherproof material for shelter. **CORDAGE** Twine, paracord, rope. **COMBUSTION** Firestarting tools, ferro rod, matches, lighter. **CONTAINER** For water collection, preservation and boiling. Should be stainless steel.



In any kit that you put together you should consider this concept and use it as a baseline for what your kit will contain.

LET'S TALK ABOUT GETTING PREPARED TO GET BACK HOME OVER THAT MOUNTAIN!

BE SMART, ALWAYS DRESS APPROPRIATELY FOR THE WEATHER!

ANIMAL? VEGETABLE? MINERAL?

Clothing is your first defense against the elements. One very important thing to consider in clothing is the material it's made of. There are basically three kinds of materials for making clothes; plant, animal and synthetic. Each has it's own characteristics and value as shelter. The thing to consider is the material's insulation properties and moisture shedding capabilities.





So which to choose? That depends on the climate. Clothing made from plant fibers usually lose all insulation properties when wet or damp. Therefore they are most useful in hot dry regions. Animal fibers have high insulation properties and retain them when wet or damp, but they tend to be heavy. Man-made fibers can be manufactured to mimic the weight and insulation properties of both plant and animal fibers, and usually retain those properties when wet or damp. Synthetics are usually much lighter in weight with nearly the same insulation value.



A waterproof/breathable rainsuit can be a life saver!

HAVING SUCH AN outfit in your car also insures that, no matter what, you will have clothes to wear should you be required to "get home" in a catastrophe not being prepared (one of my worst nightmares). Wearing this suit becomes a shelter all on its own.







OUR BODIES naturally generate heat. This heat is necessary to keep the body core, where all the vital giblets reside, comfortably at that life preserving 98.6 degree temperature.

WHEN YOUR core temp starts to fall (called hypothermia), the body wisely brings heat in from the extremities back to the core to protect those organs. This is why your fingers, nose, toes, feet and hands get cold first. The top of your head is like a fireplace chimney, dissipating excess body heat away from the core.

PUT YOUR hand on your head for a minute and you'll feel the warmth leaving. If you want to keep that heat inside your body, cover your head with something, anything, especially a hat or cap. Go out and play in the snow for awhile without a hat. Your fingers, toes and nose will surely get cold.

PUT ON a hat and you'll feel them warm up. I recommend a "beanie cap" for cold weather. A hat is also important in hot weather. Hyperthermia (increased body temperature) can lead to heat stroke and death. A hat with a large brim can shade your head and neck from the hot sun.

YOU'VE ONLY GOT TWO, BETTER TAKE GOOD CARE OF THEM.

TWO WORDS:

PROPER SHOES & SOCKS!

...well, four



If you have ever had even a small blister on your foot you will not need much explanation as to why you need to protect your feet.

It's not so much the pain as the inability to function in necessities of disaster action. If you can't walk you can't do much of anything.

Proper footwear is the answer.



NYLON LINER SOCK -

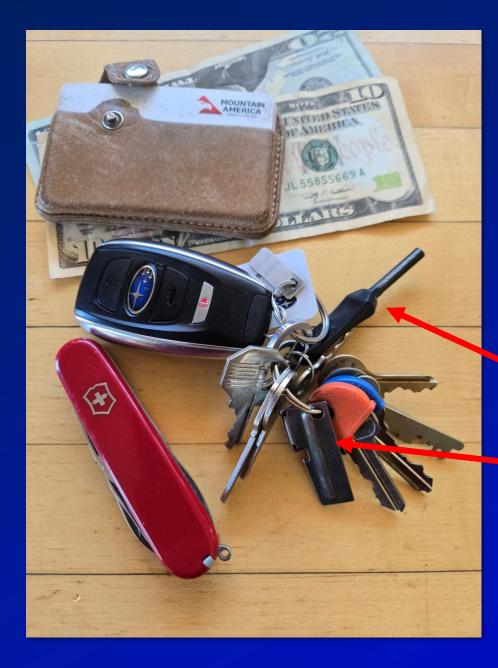
WOOL SOCK

EVERY DAY FOR ME

I'm retired , but it seems that at sometime during the day I find myself in my truck heading out to town (I live in the country) or even the big city some 50 miles away. So, the first thing that I do is **DRESS APPROPRIATELY FOR THE WEATHER!** Shouldn't even need to say this, but if you've ever been in Walmart on a cold snowy day...just sayin'. Don't even get me started about the poor little babies with their bare feet sticking out of the cart. **EVERY TIME YOU LEAVE YOUR HOUSE YOU DO NOT REALLY KNOW WHEN, OR EVEN IF, YOU WILL RETURN.**

Now, if the clothes you're wearing don't have pockets then that means you're probably carrying a purse, or some sort of bag. Pockets are where I carry a few bits that may come in handy while I'm out and about. Same applies to you purse toters (however pockets are the best bet because nobody can grab your pockets and run off down the road...without you coming along anyway.

SO, WHAT'S IN MY Pocketsp



Wallet with a little cash Swiss Army Knife My key chain with two important items:

MINI FERRO ROD P38 CAN OPENER





OR ON MY BELT...

I usually carry a small fixed blade sheath knife on my belt. A knife that could be used for processing wood for a fire, shelter building or, if needed, defensive duties.

Properly dressed, it's time to climb into my 4x4 pickup truck and get going.

and the second second

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That stowed away in a compartment under my rear seat is; a .22 revolver with 200 rounds of ammo, a package of antibacterial wipes, two cans of beef stew, two water bottles and somewhere in the truck a pair of heavy shoes. Plus my Badger Bag.

FHE BADGER BAG

This is a "sling bag" with one strap that goes over the shoulder. Kinda like some of the purses you ladies carry, maybe you could call it a "murse," but believe me with what's inside it'd be the "murse" from hell. • This bag holds the tools and gear that I will need to get safely home. I'll take it apart piece by piece and show you what I keep in it, and how I will use it. The bag is organized in line with the survival priorities; tools, shelter, fire, water, food and protection.

 It is also set up to deal with the possibility that I may have to spend a night or two before I make it home.



Shoulder Sling Bag from Stealth Angel Outdoor and Urban Survival

THE BAG



Pepper spray cannister Fatwood stick Sturdy gloves

Note: The whistle, along with the signal mirror are important tools for signalling. Note the small compass...two is one, one is none.

FROM THE OTHER SIDE

The Whistle

A RESTARRER POCKET

Note:

A Sillcock Key is used for accessing water from spigots or sillcocks that do not have handles, on the outside of buildings.



Sillcock Key

Spork (divided, not broken)

Hard candies

Extra AAA batteries

Chia Seeds and bouillion

CONDZIPPER POCK

Zip Fizz

No Water Nee

First aid kit

Signal mirror

Dental hygiene

Entertainments



Compass

Bivvy sack Stainless cup Headlamp Belt

Water purifier, filter

ling

JGERBER

harpener

Folding stove With fuel **Fire Kit**

PIDER

Ferrocerium Fire Starter Called the Blast Match, Made by UST (Ultimate Survival Technologies).

Extra Ferro Rod

Bic Lighter

UCO Storm Matches

AFTERTHOUGHTS:

Some additional items that could be very useful:

Cell phone charging apparatus to include charge cord, USB wall charger and 12v USB charger.

Portable power bank

Personal medications

Any special personal needs



So, here's how we go over the mountain to Costco...

AND HERE'S HOW WE'LL GET BACK!

-RAILROAD TRAC

The track affords the most level footpath with the least climb in elevation.t You could also follow the riverbed. Along the way there are wooded areas and scrub oak in which you could take shelter and hide if necessary. There's no cell coverage through this pass.

