# THE PREP SQUAD SCOOP

PROJECT PREPARE NEWSLETTER FEBRUARY

#### Fun-bruary!

February 3 - Prep Squad Community Meeting - all are invited! ebruary 10 - Starting over - Laura Patton, Fun Food Tasting February 17 - Uses for Wood Ash -Shayne ebruary 24 - Making T-shirt rugs -Liz Ransom his is a hands on class - bring the materials if you are interested in participating. Otherwise, just come and enjoy! LL MEETINGS BEGIN AT 6:25 PM SHARP UNLESS OTHERWISE MENTIONED!



### Welcome to February!

BRRR!! I don't know about you but this February has started out with a bite! And while I'm referring specifically to the weather, there are several other more 'general' bites going on around the world and in our beautiful USA!

While I am not going to go down the proverbial rabbit hole regarding all of those things, I am going to encourage everyone to start paying a little more attention to what is coming. I am not going to make any predictions about what that is, I'm just going to say change is on it's way... Please be ready! As for us, we are about as full of cabin fever as one can get! We are deep into discussions about our gardens, our orchard, our yard in general, and the whole list of projects we want to get started on, or finish up from last year! It can't start warming up soon enough for us!

For those of you who are feeling the same itch, let us suggest a few things to get started...

- 1. Spray your trees with neem oil
- 2. Plan out your garden area
- 3.Order your seeds and be sure they are ones that can be reharvested
- 4. Pray for rain we truly need it!

Let's not waste time! Get started now!

## Marvelous March!

March 3 – Prep Squad Community Meeting – all are invited! Zoom! March 10 – Cooking without Electricity, Shayne, Judy - Pemmican March 17 – Critical Documents, Shayne Burton

March 24 - Resilience, A Major Key to Survival, Shayne

March 31 - How to cut men's hair, Shayne - This is a hands on class bring the materials if you are interested in participating. Otherwise, just come and enjoy!

ALL MEETINGS BEGIN AT 6:25 PM SHARP AT THE STERLING TOWN HALL BLDG UNLESS OTHERWISE MENTIONED! MOST MEETINGS ARE ON ZOOM AS WELL. ALL MEETINGS ARE SUBJECT TO CHANGE.





#### What is St. Patrick's Day anyway?

Well, I didn't know the answer to this question myself so I thought I'd check it out. Also referred to as The Feast of St. Patrick, it is a cultural and religious celebration of the death of Saint Patrick, a Christian missionary and Bishop in Ireland. When? AD 385-461.

Most information about him comes from the 'Declaration', an autobiography written by Saint Patrick himself. Born into a wealthy family, he was kidnapped by Irish raiders and taken into Gaelic slavery where he served for 6 years as a shepherd and this is where he found God. He was told by God to flee to the coast and a ship would be waiting for him. It was.

He made his way home and became a Priest. He used the shamrock to explain the Holy Trinity. Made an official feast celebration in the 17th century it's been celebrated for some time My thoughts? I'm all for a holiday that loves to celebrate with good food! DIG IN!