

THE PREP SQUAD SCOOP

PROJECT PREPARE NEWSLETTER JANUARY
2022

Jumpin' January!

January 6 - Prep Squad
Community Meeting - all are
invited!

January 13 -Cooking with Freeze
Dried Food - Pam Finn

January 20 - Non-lethal Forms of
Self-Defense - Shayne

January 25 - Making Homemade
Apple Cider & Pineapple Vinegar's
This is a hands on class - bring the
materials if you are interested in
participating. Otherwise, just
come and enjoy!

ALL MEETINGS BEGIN AT 6:25 PM SHARP
UNLESS OTHERWISE MENTIONED!



A YEAR IN REVIEW

When people hear the word Prep, or Prepper etc. many think of crazy people who are extremists and doomsdayer's.

And while I admit that there are many who do take things more seriously when it comes to preparedness, or feel the need to do all they can for whatever comes, crazy is a relative term. But what do we do here in Sterling? Well, having been over the preparedness group here for almost a year now, let me share some of what we did last year. I hope it will motivate you to come and check us out!

February of 2021 included trainings on General Safety, Principles of Self-Sufficiency and a Meet & Greet for all

March of 2021 was all about Soil & Soil Prep, Water-wise Gardening, Container Gardening and Vermiculture.

April of 2021 was a busy month where we learned about Wound Care and Healing, Sanitation, A Rip, Roll & Bake for medical bandages, Dutch Oven cooking and more!

May of 2021 included a collage of things from Composting, to Walkie Talkies, to our Community Garage Sale and other fun events.

June of 2021 had trainings based on Frugal Ways to (re)use kitchen scraps, Upping your Immunity, and Key Medical Supplies for an Emergency.

Fun-Filled February!

February 3 - Prep Squad Community Meeting - all are invited! Zoom!

February 10 - Starting Over, Laura Patton

February 17 - Uses for Wood Ash, Shayne Burton

February 24 - Making t-shirt Rugs, Liz Ransom - This is a hands-on class. Bring your Materials or just come and enjoy the learning!

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Join us



A YEAR IN REVIEW CONTINUED...

July of 2021 was all about water and water safety. Special Guest Speaker Jim Phillips took 4 weeks to go through just about all you would need to know to have safe drinking water in an emergency.

August of 2021 involved much discussion about the Fall Festival, our new TAC Team, EMP's, Harvesting and Storing Seeds and more Festival discussions and prep.

September of 2021 lit out with a bang as we did our Fall Festival & Fundraiser with The Children's Market. But we didn't stop there! We did food storage & Preservation, Critical Things you Might be Forgetting, Getting the most Nutrition from your Food Storage & Super Swap

October 2021 included Alternate Sources of Heat & Fuel and using Solar, 15 Meals & Gods FARMacy.

November 2021 involved Remembering our Veterans & Food being our Medicine
December of 2021 brought fun and Christmas Cheer! WHAT A GREAT YEAR!!